



SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS, AND CHILDREN (WIC)

tnjustice.org

WHAT TO BRING? *

1. PROOF OF IDENTITY

- Drivers license
- Social Security card
- Birth certificate
- Hospital ID bracelet
- Vaccine records

2. PROOF OF TN RESIDENCY

- Utility bill or receipt
- Rent or mortgage receipt
- Mail with your name & address
- Hotel or motel receipt

3. PROOF OF TN INCOME

- SNAP, TennCare, or TANF card
- Paycheck stub
- Bank statement
- Tax return
- Income statement
- Unemployment compensation letter

*You only need one item from each category.

**ENROLL IN WIC:
NUTRITION & HEALTH SUPPORT FOR
WOMEN, INFANTS, & CHILDREN**

WHAT ARE THE BENEFITS?

- WIC card with funds to buy healthy food
- Nutrition education & counseling
- Referrals to other health, welfare, & social services
- Breastfeeding education & support

WHO IS ELIGIBLE?

- Infants & children up to age 5
- Below the income limit OR already enrolled in SNAP, TennCare, or TANF
- Pregnant, postpartum, and breastfeeding women
- TN residents: Proof of citizenship or alien status is NOT required
- Have a dietary or medical condition such as anemia, poor diet, over or underweight

WIC INCOME LIMITS		
FAMILY SIZE	MONTHLY	ANNUAL
1	\$1,986	\$23,828
2	\$2,686	\$32,227
3	\$3,386	\$40,626
4	\$4,086	\$49,025

Visit this website to see if you're eligible to enroll: bit.ly/WICenroll

HOW TO APPLY:

Call 1-800-DIAL-WIC or visit tn.gov/WIC to make an appointment