



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

tnjustice.org

ELIGIBILITY FOR SNAP

SNAP eligibility is based on income and resources. Your household must have less than \$2,250 in the bank. Your household income must be below the income limits listed below. Households with someone over age 59 or receiving disability benefits may qualify even if they have more resources or income.

HOUSEHOLD SIZE	MONTHLY GROSS INCOME
1	\$1,473
2	\$1,984
3	\$2,495
4	\$3,007

In addition to meeting income requirements, families can be eligible if they meet at least one of these criteria:

- Receive Temporary Assistance for Needy Families (TANF)/Families First or Social Security (SSI)
- Care for a child under 18
- Household member who is pregnant

If all household members are between ages 18 to 49, check for additional requirements:

<https://bit.ly/SNAPABAWD>

Call 211 to be screened for eligibility.

SNAP GUIDE FOR FAMILIES

HOW MUCH CAN I GET?

SNAP benefits amount depends on your income, expenses and the number of people in your household. In Tennessee, the maximum monthly benefit amount for an individual is \$281. Benefits are loaded onto an Electronic Benefit Transfer (EBT) card every month.

HOW DOES MY EBT CARD WORK?

The EBT card works like a debit card and is accepted at most grocery stores and supermarkets. It can be used to buy food, non-alcoholic beverages, and seeds. Some farmer's markets now accept SNAP, and many offer "bonus bucks" to spend on fresh produce with a SNAP EBT card. Check with your local market about this opportunity.

APPLY FOR SNAP

Apply online: <https://onedhs.tn.gov/csp>. Apply by fax, or mail, to the Tennessee Department of Human Services (DHS) county office. Find your local county office: <https://bit.ly/SNAPOffices>

APPLICATION PROCESS

It's free and confidential. The online app takes about 30 minutes. Be prepared to provide supporting documentation and report income (wages/money from parents), expenses (rent, utilities, childcare costs), and resources (bank account info). An interview with a DHS caseworker is scheduled after the application is submitted, and DHS has 30 days to process your application.

Call us with application issues: (615) 255-0331

