

MAXAA HOREY LOO SOO QAATAA?:**1. AQOONSI CADAYN:**

Ruquqsadabaabuurwadi
sta Kaarka Soshal
Sekiyuuritiga
Shahaadada
Dhalashada
Gacangashiga Aqoonsiga
Isbitalka Diiwaangelinnada
Tallaalka

2. CADAYN IN QOFKA DEGAN YAHAY**GOBOLKA TN**

Biilka korontada/biyaha ama
cadayn rasiidka ljaarka ama
daynta guriga
Waraaq ku magacaaga iyo
cinwaankaaga rasiid Hoteel ama moteel

3. CADEYN DAQLI

SNAP, TennCare, ama kaarka TANF
Jeegga mushaharka dabadiisa
Waraaqda bangiga ee
canshuur celinta
Xaashida lacagta daqliga
Baalgamuudada/dadka aan Shaqaynin

"Waxaad kaliya u baahan tahay hal cadayn oo
qaybtiiha ah

ISKU QORISTA BARAAMIJKA WIC WAA BARNAAMIJ LOOGU TALAGALAY CAAFIMAADKA HAWEEENKA, DHALLAANKA, & CARRUURTA

WAA MAXAY MANFACYADA?

- Kaarka WIC oo lacagta ku jirta waxaa lagu soo iibsan karaa cunto caafimaad leh
- Waxbarasho iyo la talinta nafaqada
- La isku diro adeegyada kale ee caafimaadka, daryeelka, iyo adeegyada bulshada
- Waxbarashada iyo taageerada naasnuujinta

YAA XAQ U LEH?

- Dhalaanka iyo carruurta ilaa da'da 5 jir
- Hoose waxaa ku qoran xaddiga daqliga AMA kuwa horeyba ugu qornaa barnaamijka SNAP, TennCare, ama TANF
- Urka, umusha, iyo naasnuujinta haweenka
- Dadka Tennessee degan – uma baahnid in sharci aad haysato

Booqo boggan internetka si aad u aragto haddii aad xaq u leedahay inaad isqorto: <http://bit.ly/WICenroll>

SIDA LOO DALBADO?

Wac Waaxda Caafimaadka si aad ballan uga samaysato xafiiskaaga WIC ee kuugu dhow: (615) 741-0227, ama booqo boggan internetka si aad u ogaato xafiiska WIC ee adiga kuugu dhow: <http://bit.ly/WIClearn>



(615) 255-0331

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Xarunta Caddaaladda

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