Access to direct healthcare services:

- **My Healthcare Home (if they live in Middle TN)**
  - A website to help people find affordable, accessible healthcare
  - It can help you find a place to have continuous care
  - Clinic fees are based on family size and income
  - Visit [https://myhchtn.org/](https://myhchtn.org/) to search for a clinic near you

- **Tennessee Charitable Care Network**
  - A website that can help you find organizations that provide charitable care (primary care, specialty care, dental care, etc.)
  - Visit [http://www.tccnetwork.org](http://www.tccnetwork.org) and click on “Find a Clinic.” You will be able to see a list of the clinics and a map with all of their locations.

- **Tennessee Primary Care Association (TNPCA)**
  - Reduced cost/free care at community health centers across the state
  - Visit [https://www.tnpca.org/](https://www.tnpca.org/) and click on “Our Members.” Then, click on “Find a Health Center Near You.” On this page, you can view a list of the participating organizations and a map of clinics across the state.

- **Behavioral Health Safety Net**
  - For people who do not have behavioral health insurance coverage and need help paying for mental/behavioral health services
  - Services include: assessment, evaluation, diagnostic, therapeutic intervention, case management, transportation, peer support services, psychosocial rehabilitation services, psychiatric medication management, labs related to medication management and pharmacy assistance, and coordination
  - Must be a Tennessean who is 19 years or older, have an income under the federal poverty level, and have a qualifying mental health diagnosis
  - More info online at this link: [https://www.tn.gov/behavioral-health/bhsn.html](https://www.tn.gov/behavioral-health/bhsn.html)
  - Find a participating provider at: [https://www.tn.gov/content/dam/tn/mentalhealth/documents/BHSN_Provider_Contact_3-1-21.pdf](https://www.tn.gov/content/dam/tn/mentalhealth/documents/BHSN_Provider_Contact_3-1-21.pdf)

- **Project Access**
  - Helps uninsured patients get specialty care that primary care clinics may not provide
  - Only available in certain counties. You must be a resident of the county to be eligible.
  - Counties that have Project Access:
    - Hamilton county: [https://www.hcprojectaccess.org/](https://www.hcprojectaccess.org/)
    - Davidson county: [https://www.nashville.gov/Health-Department/Clinical-Health-Services/Project-Access-Nashville.aspx](https://www.nashville.gov/Health-Department/Clinical-Health-Services/Project-Access-Nashville.aspx)
    - Appalachian Mountain Project Access (Johnson City area): [https://www.nafclinics.org/content/appalachian-mountain-project-access](https://www.nafclinics.org/content/appalachian-mountain-project-access)

- **St. Mary’s Legacy Clinic**
  - Provides mobile medical services at no cost
  - Find the schedule and locations here: [https://stmaryclinic.org/regular-schedules](https://stmaryclinic.org/regular-schedules)
  - If someone needs specialized care but does not live in a county that has Project Access, they can get care at this clinic and be referred to Project Access

- **St. Thomas Health Medical Missions at Home**
Day-long community health events that provide primary care and specialty care services, including:

- Behavioral health
- Dentistry
- Foot and wound care
- Mammograms
- Prescriptions at no cost
- Vision services


Lions Club

- Provides services to people who need glasses or eyecare
- Search for a club in a specific location here: https://www.lionsclubs.org/en/start-our-approach/club-locator

Healthcare Options Listed by the State of Tennessee

- https://www.tn.gov/tenncare/members-applicants/how-can-i-get-health-care-if-i-don-t-qualify-for-tenncare.html

Access to prescriptions:

- CoverRX
  - CoverRX is a pharmacy program that provides people with no pharmacy coverage affordable access to medications
  - Individuals who are eligible: Between ages 18 and 64 and income at or below 138% of the federal poverty level
  - No premiums—only copays
  - Visit https://www.tn.gov/tenncare/coverrx.html for more information
  - Online application: https://www.optumrx.com/coverrx

- NeedyMeds
  - A website that can help you find reduced-cost care and prescriptions
  - Visit https://www.needymeds.org/ and click on “Healthcare Savings.” From there, you can choose different options such as “Prescription Assistance” and “Free/Low-Cost/Sliding Scale Clinics”

- Ladies of Charity – Knoxville
  - Provides emergency assistance for medications
  - Medication assistance cannot be provided for pain medications or mood-altering medications
  - To apply, bring identification, social security cards for all family members, and completed application
  - Find more info here: https://www.ladiesofcharityknox.org/medicine-assistance

- Volunteer Ministry Center – Knox county
  - Prescription payment assistance for Knox county residents who are low-income
  - Dental clinic for Knox county residents that are homeless or make 0%-30% of the Area Median Income (AMI)
  - More info here: https://www.vmcinc.org/
Publix Pharmacy Medication Program
  • Can also get a 90-day supply of common medications for $7.50: https://www.publix.com/pharmacy/pharmacy-services/medication-savings

GoodRX
  • Can help you find the lowest cash price for your prescription medications
  • Visit https://www.goodrx.com/ to find more information

Tennessee Drug Card
  • A printable pharmacy coupon card that provides prescription medication savings of up to 80%
  • Find the coupon here: https://www.tennesseedrugcard.com/

Medicine Assistance Tool
  • You enter the medications you need help accessing, enter personal information, and see the available resources available to help with prescription costs
  • Find the tool here: https://medicineassistanctool.org/

Resources for folks with intellectual or developmental disability:

  • Tennessee Disability Pathfinder: https://vkc.vumc.org/vkc/pathfinder
    • Offers a statewide database of services for folks with disability
  • Tennessee Disability Coalition: https://www.tndisability.org/
    • Alliance organization that provides programs to assist folks in accessing resources and getting their voice heard
  • The Arc Tennessee: https://www.thearctn.org/
    • Advocates and provides programs and supports for people with intellectual and developmental disabilities and their families
  • TennesseeWorks: https://www.tennesseeworks.org/
    • This organization’s goal is to increase the number of young people with intellectual and developmental disabilities who are employed in Tennessee
  • Vocational Rehabilitation: https://www.tn.gov/humanservices/ds/vocational-rehabilitation.html
    • This is a state program that provides individualized services for people with disabilities to prepare for the job market
  • Waves: https://wavesinc.com/employment-program/
    • This organization works to empower and support those with intellectual and developmental disabilities.