**WHAT TO BRING?***

1. **PROOF OF IDENTITY:**
   - Driver license
   - Social Security card
   - Birth Certificate
   - Hospital ID bracelet
   - Vaccine Records

2. **PROOF OF TN RESIDENCY:**
   - Utility bill or receipt
   - Rent or mortgage receipt
   - Mail with your name and address
   - Hotel or motel receipt

3. **PROOF OF INCOME:**
   - SNAP, TennCare, or TANF card
   - Paycheck stub
   - Bank statement
   - Tax return
   - Income statement
   - Unemployment compensation letter

*You only need one item from each category.

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**ENROLL IN WIC**
A PROGRAM FOR WOMEN, INFANTS, & CHILDREN’S HEALTH

**WHAT ARE THE BENEFITS?**
- WIC card with funds to easily buy healthy food
- Nutrition education and counseling
- Referrals to other health, welfare, and social services
- Breastfeeding education and support

**WHO IS ELIGIBLE?**
- Infants and children up to age 5
- Below the income limit OR the already enrolled in SNAP, TennCare, or TANF
- Pregnant, postpartum, and breastfeeding women
- Tennessee residents – you do not need to have legal status

Visit this website to see if you’re eligible to enroll:

**HOW TO APPLY?**
Call the Health Department to schedule an appointment at your local WIC office: (615) 741-0227, or visit this website to find the WIC office closest to you: