

## WHAT TO BRING?\*

### 1. PROOF OF IDENTITY:

- Driver license
- Social Security card
- Birth Certificate
- Hospital ID bracelet
- Vaccine Records

### 2. PROOF OF TN RESIDENCY:

- Utility bill or receipt
- Rent or mortgage receipt
- Mail with your name and address
- Hotel or motel receipt

### 3. PROOF OF INCOME:

- SNAP, TennCare, or TANF card
- Paycheck stub
- Bank statement
- Tax return
- Income statement
- Unemployment compensation letter

\*You only need one item from each category.

## ENROLL IN WIC

### A PROGRAM FOR WOMEN, INFANTS, & CHILDREN'S HEALTH

#### WHAT ARE THE BENEFITS?

- WIC card with funds to easily buy healthy food
- Nutrition education and counseling
- Referrals to other health, welfare, and social services
- Breastfeeding education and support

#### WHO IS ELIGIBLE?

- Infants and children up to age 5
- Below the income limit OR the already enrolled in SNAP, TennCare, or TANF
- Pregnant, postpartum, and breastfeeding women
- Tennessee residents – you do not need to have legal status

Visit this website to see if you're eligible to enroll:

<http://bit.ly/WICenroll>

#### HOW TO APPLY?

Call the Health Department to schedule an appointment at your local WIC office: (615) 741-0227, or visit this website to find the WIC office closest to you:

<http://bit.ly/WIClearn>

