

A vibrant photograph of various fresh fruits and vegetables, including strawberries, carrots, broccoli, and bell peppers, is positioned on the left side of the header. The produce is arranged in a way that suggests a healthy diet.

Nutrition Note

NEWSLETTER

June 2023

HUNGER in TENNESSEE

June is Pride Month!



Hunger affects the LGBTQ+ community in ways we may not think about on a daily basis. Queer people face issues of discrimination in housing, healthcare, employment, legislation, and more; all of which affect the resources they

have available to access healthy foods. To read more about the experience of being LGBTQ+ in Tennessee, click the button below.

LEARN MORE

We Want to Hear from You!

Stories fuel our advocacy! If you have experience participating in nutrition programs like SNAP, WIC, P-EBT or school meals, we want to hear from you. Click the button below to tell us your story.

SHARE YOUR STORY

SNAP

Debt Ceiling and the Impact to SNAP



Congress passed the debt ceiling bill and used SNAP and TANF as a bargaining chip. TJC opposes the barriers and restrictions that this will create. This will harm and take food away from low-income people! **This bill extends**

time limits to adults up to 55 which will impact 19,000 older Tennesseans, compromising their food security. Hear more from Signe Anderson, our Director of Nutrition Advocacy, click the button below.

LEARN MORE

WIC

Expanding WIC in Tennessee - TJC and Partners Awarded Funding!

WE'VE BEEN SELECTED!

TJC, along with 35 other agencies across the nation, have been awarded funding by USDA to do critical work on the WIC program. With our partners at [TIRRC](#), [Latino Memphis](#), [Vanderbilt](#), and the [TN Grocers' Association](#), we will build outreach and momentum related to the WIC program and conduct surveys and focus groups looking at low WIC participation rates in TN over the next 18 months. Read more [here!](#)

Join the WIC Champions Group!

Do you want to help more moms and young children access healthy food? The WIC Champions group will meet virtually on June 21 at 1:30pm CT. This group will meet monthly and is for partners who are interested in improving access for women, children, and caregivers of young children to the WIC program. TJC, along with other experts, will share information about the program, focus on outreach, collaborate, and learn about how WIC works in communities across Tennessee. Sign-up to get program updates, alerts and to receive the WIC Champions call information!

JOIN THE GROUP



CHILD NUTRITION

P-EBT

P-EBT benefits for the 2022-23 school year

School age children who had an eligible COVID-19 related absence between February - May 11, 2023 and children in child care who are eligible for P-EBT can expect benefits this month. Virtual/homeschool children who are eligible for P-EBT will receive benefits in July. Read more about P-EBT on our website:

LEARN MORE ABOUT P-EBT

Click [Here](#) for DHS FAQs!

Summer Meals - The Summer Food Service Program (SFSP)

School is out and for children from low-income households, it can be a time of increased hunger. Free summer meals are available to children across Tennessee during the summertimes. Find a Summer Meal Program site:

1. Go to <https://www.fns.usda.gov/summerfoodrocks> to use the Site Finder; or
2. Text "Summer Meals" to 97779; or

3. Call 1-866-348-6479



LEGISLATIVE ADVOCACY AND ACTION CENTER

State Legislation

The TN general assembly has adjourned for 2023. We continue to monitor federal legislation.

Federal Legislation

RESTORE Act

Sen. Steve Cohen of Memphis is set to introduce the [RESTORE Act](#), which would remove the ban that keeps people with drug felonies from accessing SNAP. We urge you to reach out to your representatives to tell them to prioritize this bill. To find your legislators, click [HERE](#). For more information on this topic, join us for our [next webinar](#)!

For more information on bills that affect nutrition programs, check out our [Legislation Advocacy Page](#).

UPCOMING WEBINARS AND EVENTS

Everybody Eats

TJC is excited to work with Everybody Vs. Racism and several other organizations in throwing a Food Resource Fair on June 11, 2023. We will be hanging out at the Honey Alexander Center in North Nashville from 1-4pm. Come join us for food, music, and much more!



COMMUNITY RESOURCE FAIR
AND CELEBRATION



EVERYBODY
VS.
RACISM™

EVERYBODY EATS: FOOD RESOURCE FAIR

Sunday, June 11th 1-4pm
Honey Alexander Center
2400 Clifton Ave, Nashville, TN 37209

- FREE GROCERIES
- FREE LUNCH
- ASSISTANCE WITH SNAP/WIC/TENNCARE
- FREE DIAPERS
- JOB READINESS PROGRAMS
- MENTAL HEALTH SERVICES
- IMMIGRATION SERVICES
- ETC.



Thursday, May 18, 2023, at 10:00am CT – Join us to discuss SNAP advocacy, casework best practices, and nutrition program updates. E-mail nutrition@tnjustice.org for more information.

[REGISTER HERE](#)

Ending Hunger for People Exiting Prison

Thursday, June 22 at 1:00 pm CT – People exiting the prison system are twice as likely to experience food insecurity. In addition to hunger people leaving prison can also face housing insecurity, struggle to find employment and face the risk of recidivism. In 2021, the recidivism rate in Tennessee was 46%. SNAP and other supports are available to help individuals who are leaving the prison system, but barriers and misinformation can keep some people from applying. Join us to discuss how the nutrition safety net programs can help incarcerated persons regain a firm standing when reentering society after release, how programs like SNAP can help reduce recidivism, and strategies that are being used to make sure these individuals have access to benefits on Day One.

[REGISTER HERE](#)

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