

Has TennCare Told You That You No Longer Have TennCare?

Here's what you should do now to try to keep your TennCare.

If you get a letter that says your TennCare will stop, you can appeal. Say you want to keep your TennCare during your appeal. Tell TennCare why you think they are wrong.



Do you **need extra help with this**? Is it because you have health problems or learning problems or problems with your nerves? Then tell TennCare, "I need extra help." Also, say what kind of health problem, learning problem or nerve problem you have.



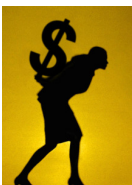
If I lose my TennCare, are there other ways to get health care?

Has your household income changed since you last got SSI? Has your household size changed? Do you have fewer assets or resources? If any of these things have happened to you, Call Social Security to reapply for SSI. You might be eligible now.

Do you qualify for a nursing home? You can apply for the Home and Community Based Services Waiver (HCBS). Getting on this Waiver gives you TennCare.

- Call 1-866-836-6678, for your local Area Agency on Aging and Disability. **Or,**
- Go on the internet to: <http://www.state.tn.us/tenncare/long-elderly.html#2>

Are you getting medical bills?



- Call the Family Assistance Service Center at 1-866-311-4287. Ask if the "spend down" program is open to adults. (Call back often to see if it is now open.) It is already open for a pregnant woman and children under age 21.

The CoverTennessee programs are another type of state health insurance. For example, AccessTN helps people who have been turned down for health insurance. CoverKids helps children. Find out if these programs can help you.

- Call 1-866-CoverTN (1-866-268-3786). **Or,**
- Go on the internet to: <http://www.covertn.gov/>

Did you or a spouse serve in the armed forces during a war period?

- Call your local Department of Veterans Affairs and ask about any benefits you might be able to get. **Or,**
- Go to the internet to find places you can get help <http://tennessee.gov/veteran/help.html> and <http://www.veteranaid.org/>



Are you on MediCARE?

- Call the State Health Insurance Program (SHIP). Ask them for help in choosing what's best for you. Call 1-877-801-0044. That is a free call.

Your elected officials may want to hear from you about your health needs. Call your local county election commission to get phone numbers. Ask for the phone numbers of:



- Your congress person. Put the phone number here _____
- Your state senator. Put the phone number here _____
- Your state representative. Put the phone number here _____
- And, your United States senators:
 - Senator Lamar Alexander – phone number 202-224-4944
 - Senator Bob Corker – phone number 202-224-3344

What else can you do?

- Many people are very sick and cannot get the care they need because they don't have insurance to pay for it. Congress is talking now about whether to help more people get health insurance. If you are having problems getting the care you need, tell your family members, your friends, your neighbors, and church members to speak out about the problems you are having, and that Congress needs to reform our health insurance system so you and others won't have to go through what you are going through. Do this now, while these decisions are being made.
- Check in with Tennessee Health Care Campaign. Tell them you want to get involved. Call at 615-227-7500 or toll-free 877-431-7083. Or, check out their website at <http://www.tenncare.org/>
- Check out Families USA's website at <http://www.familiesusa.org/>

